**Lesson Plan: 2nd grade Social Skills Lesson**

**Counselor:**

**Date:**

**Grade(s):**

**ASCA student standards (Domain/Standard/Competencies)**

1. A:A1 Articulate feelings of competence and confidence as learners
2. PS:A1.5 Identify and express feelings
3. PS:A1.9 Demonstrate cooperative behaviors in groups

**FCPS Curriculum**

1. GU.200.70 Students will demonstrate the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.
2. HE.200.10.05 Identify positive and negative character traits that contribute to one’s uniqueness

**Learning Objectives:**

1. Students will recognize friendly vs. unfriendly actions
2. Students will define the “qualities of a good friend”
3. Students will practice giving each other compliments

**Material Needed:**

1. 2 hula hoops, 2 sets of Friendly or Unfriendly Action Cards
2. Chart paper, markers, magnetic clips, Book (Franklin)
3. Ball of yarn, Magic coloring book of feelings, scissors

**Procedure:**

1. Introduction/Demonstrations
   1. Discuss house friends can make you feel good inside (show colored pages)
   2. Discuss how friends can sometimes hurt your feelings (show pages without colors)
   3. Discuss how sometimes friends may not include you and make you feel all alone (show blank pages)
   4. Ask student to say “friendly” things to bring the pictures and colors back to the pages (as they do, show pictures and then pictures w/colors)
   5. Explain to students that they have the power to keep the color in the pages by “being friendly” to everyone!
2. Book: *Franklin’s New Friend* by Paulette Bourgeois & Brenda Clark
   1. Read book to class
   2. Discuss “qualities of a friend”
   3. Write student’s responses on chart paper
3. Friendly vs. Unfriendly Actions
   1. Divide students into 2 groups
   2. Instruct students to read the statement on each card and determine whether it is a friendly action or a not so friendly action. Ask them to stand for the friendly actions and ask them to remain seated if the action is unfriendly (movement piece)
   3. Have students place friendly actions inside the hula hoop and not so friendly actions left outside the hoop
   4. Share
   5. Say “After listening and seeing where you placed the friendly and not so friendly actions, it tells me that you know the difference between a friendly and not so friendly actions. We are only going to practice using friendly actions!”
4. Group Web
   1. Have students sit in a circle
   2. Instruct students that they are going to make a web of yarn by giving each other compliments
   3. After everyone has received a compliment, cut the yarn so that each student has a piece
   4. Say “Keep your piece of yarn as a reminder of all the wonderful things that your friends said about you, and that we are “webbed” together to make a wonderful, special class!”

**Plan for Evaluation:**

1. Process Data: All second graders
2. Perception Data: Students’ responses on friendship chart paper
3. Outcome Data: Curriculum standards listed above
4. Follow up: Email to parents with take away information