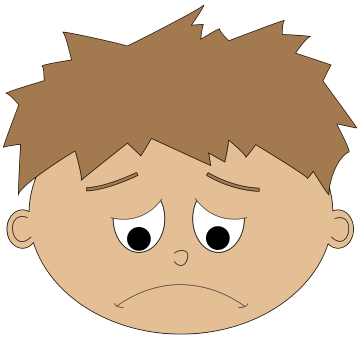
Sometimes I Worry



Social Emotional Learning: Awareness and Sharing

Created by: Michele Caplan

Thank you for buying this product!

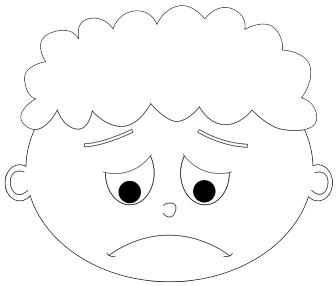
This *Somtimes I Worry ...* package can be used to help students with writing, start lively discussions, and create connections. Offers choices for differentiation.

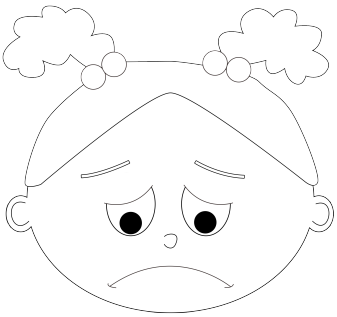
These writing activities will promote self introspection, making choices and providing reasons for those choices. The writing prompts also push the students imaginations'.
I often make classroom booklets from the final page. The students love reading them together.

Enjoy getting to know each other!

Please see my account for more
Sometimes I ..... packages.

Sometimes I Worry





Name: _____

Name: _____

My Biggest Worry is

_____

- -

_____

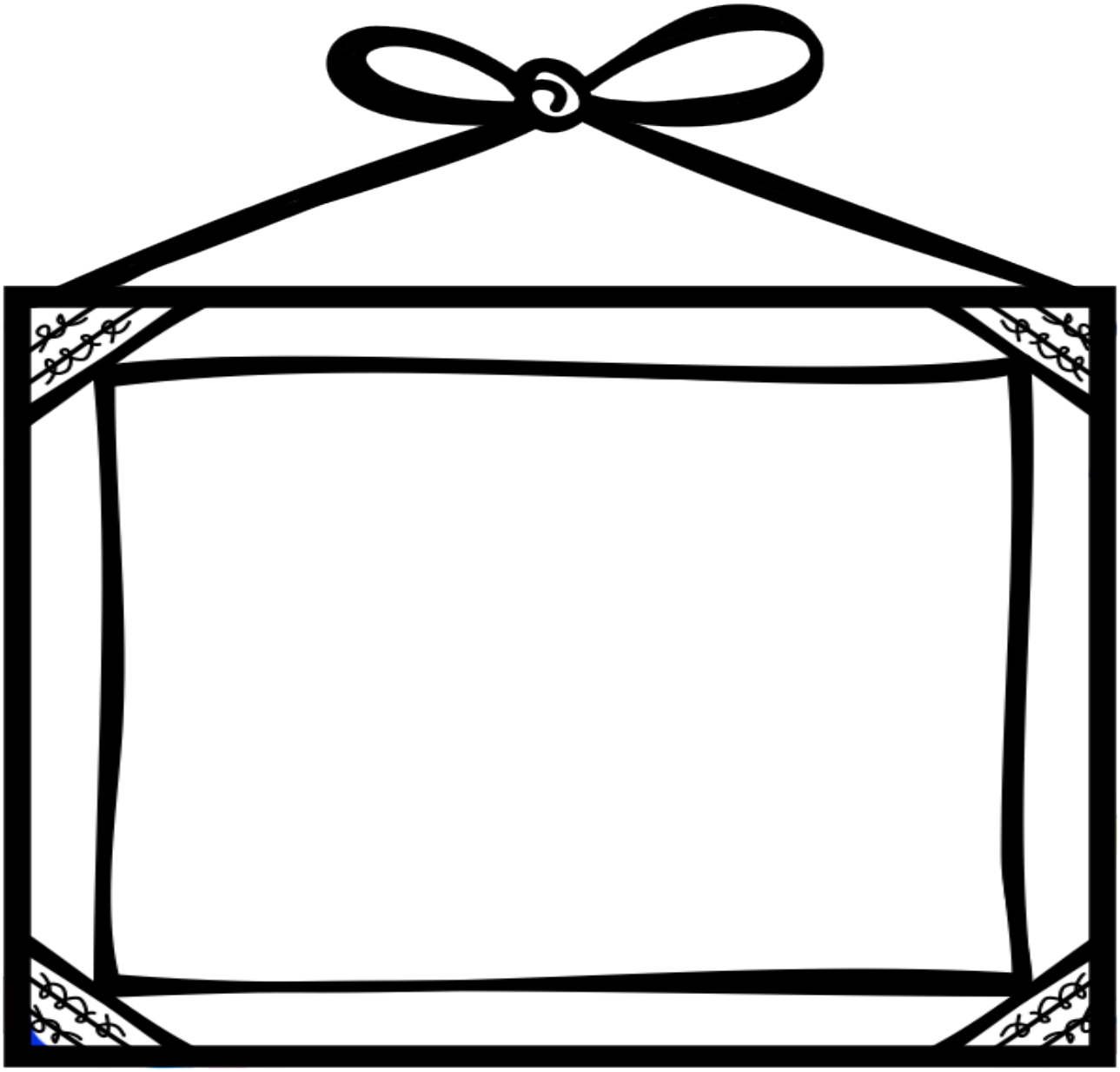
If my worry were a MONSTER it would look like this:

Name: _____

My Biggest Worry is

_____

If my worry were a MONSTER it would look like this:



I have a lot of little worries

At School:

_____

_____

_____

At Home

_____

_____

_____

Name: _____

I have a lot of little worries

At School:

_____

At Home

_____

Name: _____

Name:

_____

Words

Action

I can
CONQUER
My
Worry

Thoughts

Sometimes I worry…..

_____

_____

_____

_____

Name: _____

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