**Lesson Plan: We Are All Unique (Appreciating Differences)**

**Counselor: Laura Jones**

**Date:**

**Grade(s): 3**

**ASCA student standards (Domain/Standard/Competencies)**

1. PS.A1.1 Develop positive attitude towards self as a unique and worthy person
2. PS.A2.3 Recognize, accept, and appreciate individual differences

**FCPS Curriculum**

1. GU.300.70 Students will demonstrate the knowledge, attitudes and interpersonal skills to help them understand and respect self and others
2. HE.300.10.03c Describe the importance of belonging to a group
3. HE.300.10.03d Tell what it feels like to be included and excluded from a group

**Learning Objectives:**

1. Students shall understand and appreciate differences in others
2. Students will create and share their own unique puzzle pieces

**Material Needed:**

1. Book: *Unique Monique by Maria Rousahi*
2. Four Corners Questions and Numbers
3. Puzzle Pieces
4. Puzzle Example

**Procedure:**

1. Introduce lesson
   1. Say: **Last time I was in we talked about pumpkins and I introduced you to Homer, my white pumpkin. What did we learn from that lesson?** (That we are all unique)
2. Read: *Unique Monique*
   1. Discuss
3. Game: 4 Corners
   1. Instruct student to move to the corner which best describes them
   2. Point our similarities and differences in the choices
   3. After a couple of rounds, pick a number and that group is out!
4. Activity: Puzzle Pieces
   1. Give out the puzzle pieces
   2. Ask students to write/draw things about themselves that makes them unique and different on the puzzle piece

-Favorite Holiday

-Summer Fun

-Sports/Activities

-Something You are Good At

-Something You Want to Try (or are not good at yet)

-Future Career

* 1. Go around and ask students to take turns sharing 2 things about self
  2. Put all the puzzle pieces together. Say: **You are important and unique, and look how cool it is that we all fit together!”**

**Plan for Evaluation:**

1. Process Data: All 3rd grade students
2. Perception Data: Puzzle pieces
3. Outcome Data: Behavioral
4. Follow up: Students will take home puzzle pieces and reflect on their unique qualities and appreciate the differences in others.